

Workshops - Mission

#1 United Methodist Volunteers in Mission *Paulette West*
Always young enough to be a United Methodist Volunteer in Mission Opportunities for individuals and teams at any age, but especially for those who are considered Older Adults. Will include an overview of United Methodist Volunteers in Mission; its programs and resources.

#2 Stop Hunger Now *Ray Buchanan*
Discover the extent and ramifications of hunger throughout our world, the Christian mandate to feed the hungry, and ways that the local congregation can work toward helping to feed "the least of these."

#3 Organizing for Community Missions *Rev. Keary Kincannon*
Become more knowledgeable in ways that your congregation may organize in order to reach out into the community to discover needs, both spiritual and practical, and help relieve them. *Focus your intellect and energy on becoming doers of the Word.*

#4 The Church Has Left The Building *Carolyn Poling*
This class will give hands-on opportunities for participants to go out into the surrounding area in Haywood County and actually minister to those who are in need. For those interested in the concept but unable to participate, there will be an opportunity for in-house activities.

Workshops - Spirituality

#5 Resources for Spiritual Growth *Rev. Dr. Tom Albin*
There is nothing more central to Christian Discipleship than discerning and doing the will of God. God promises wisdom to everyone who asks (James 1:5) and our families, our churches and our nation needs wise, mature spiritual leaders more today than at any point in our history. Together we will explore the process of spiritual discernment, prayer and our continued growth in grace.

#6 Prayer in Different Traditions *Gary Locklear*
Explore prayer from one of the oldest known traditions known. Examine prayers offered in a variety of circumstances from one's birth to death. Explore the Native American understanding of conversation with the Great Mystery, Creator, Spirit, as one lives life as the creator intended.

#7 Spirituality for Women *Jan McGilliard*
Women and Spirituality: Exploring Heaven on Earth – learning from the mystics and the mindful how to live with presence in the present.

#8 Bible Study: "Three Simple Rules" *Roger Dowdy*
This workshop will be an introduction to Methodism's three "general rules" for living - interpreted and expanded in a recent book by Bishop Reuben Job.



Southeastern Jurisdiction Administrative Council
SEJ Association of Older Adults
PO Box 67
Lake Junaluska, NC 28745

www.lakejunaluska.com/olderadult

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Lake Junaluska
Conference & Retreat Center

Wisdom & Grace Conference
August 9-12, 2010
Lake Junaluska, North Carolina

Reaching Up, Reaching Out -
Our Call to Spirituality and Mission



Sponsored by the
**Southeastern Jurisdiction
Association of Older Adults**
www.reneweddisciples.com

www.lakejunaluska.com



Bishop James E. Swanson, Preacher

An award-winning preacher, Bishop Swanson oversees the Holston Conference. The sermon series "Refrigerator Soup" will focus on taking life as it is and blending the stuff of our lives into a soup that tastes good, nourishes our lives and others, and trusting God to account for what may be missing.

Rev. Dr. Gayle Felton, Platform Speaker

Rev. Felton is an elder in the North Carolina Annual Conference. She holds a Master of Divinity degree from Duke Divinity School (1982), and a Ph.D., with concentration in the history of Christianity, also from Duke University (1987). Gayle will ground the assembly in personal and social holiness.



Margo Corbett, MA Professional Track

Margo Corbett has a B.S. in Medical Technology, Master's in Storytelling and is a retired business consultant. Currently she is principal of StoryBridge Enterprises and founder of The Savvy Patient School, which offers both in-person and TeleClass sessions.

- **Healthcare Stewardship: How to Be a Savvy Patient / Caregiver**
- **Handle healthcare with confidence & peace of mind**
- **Help healthcare providers help you (your loved one)**
- **Obtain better care, prevent mistakes & lower costs**

Ethan Uslan

Wednesday - 7:30pm

"Ethan Uslan Plays Old-Time Piano"

Tap your feet and hum along! Virtuoso ragtime pianist will tickle the ivories and share his wonderful renditions of hit songs of the ragtime era, jazz age and big band years.



Junaluska Singers will perform Monday, Tuesday, and Thursday

Event Registration

To register online—go to: www.lakejunaluska.com/olderadult
If registering as an individual/couple, you may mail or fax this form to:

SEJ Older Adult Conference
P.O. Box 67, Lake Junaluska, N.C. 28745
Fax: (828) 452-1956 Phone: (828) 454-6656

Name(s): _____
 Address: _____ City: _____
 State: _____ Zip: _____ Annual Conference: _____
 Phone: _____ Email: _____
 Emergency Contact :
 Name: _____ Phone: _____

If you are NOT attending the Prof. Track, please
Circle your preference of 4 workshops :
Individual 1 2 3 4 5 6 7 8 Spouse 1 2 3 4 5 6 7 8

Registration Fee \$85 per person (after June 1): \$ _____

Early bird Registration Fee \$65 (before June 1): \$ _____

Commuter Fee \$10 per person, per day: \$ _____

This fee is for anyone not staying in Lake Junaluska Hotels, Cottages, Apartments, Camp Ground or staying in the home of a Lake Junaluska homeowner.

Single Day Registration \$35 per person: \$ _____

Professional Track \$170 per person: \$ _____

Includes Book, CD and 1 unit CEU

Total Enclosed: \$ _____

Event Refund Policy: No refunds 30 day prior to the event; cancellations more than 30 days prior will receive a full registration refund less \$35 administration charge per person.

Make checks payable to Lake Junaluska Conference & Retreat Center

Credit Card: ___ Amex ___ MC ___ Discover ___ VISA ___

Card # _____ Exp. Date _____

Signature: _____

Lodging or Camping Reservations must be made by calling: 800-222-4930 or online Reservations @ www.lakejunaluska.com/olderadult

For more information, contact:
Pam Naplen, Registrar/Event Management
828-454-6656 pnaplen@lakejunaluska.com

2010 Schedule

Monday, August 9

1:00-5:00 Registration: **Betha Welcome Center**
(Located at the West Entrance of the Lake Junaluska Campus off US-19)
 3:00 Hotel Check-in - **Betha Welcome Center**
 5:30-7:00 Dinner
[Event Leadership Dinner—Terrace Auditorium]
 7:00-8:30 Worship (Stuart Auditorium)
 8:30 Reception (Harrell Center Auditorium)

Tuesday, August 10

7:00 am Holy Communion
(Memorial Chapel & Lambuth Inn)
 7:30-8:30 Breakfast
 8:30-8:45 Gathering Music—Stuart Auditorium
 8:45-9:45 Platform Speaker—Rev. Gayle Felton
 10:00-11:30 Workshops (see Workshop Outline in packets)
 10:00-12:00 Professional Track (Lambuth Inn, Rm. 100)
 12:00-1:00 Lunch
 1:00-2:15 SEJ AOA Board of Directors Meeting
 2:30-4:30 Professional Track (contd. Lambuth 100)
 2:45-4:15 Workshops (see Workshop Outline in packets)
 4:45-5:30 Annual Conf. Meetings
 5:30-6:30 Dinner
 7:00-8:30 Worship (Stuart Auditorium)
 8:30 Recreation w/Reeves (Harrell Auditorium)

Wednesday, August 11

7:00 am Holy Communion (Chapel and Lambuth)
 7:30-8:30 Breakfast
 8:30-8:45 Gathering Music—Stuart Auditorium
 8:45-9:45 Platform Speaker— Rev. Gayle Felton
 10:00-11:30 Workshops (see Workshop Outline in packets)
 10:00-12:00 Professional Track (contd. Lambuth 100)
 12:00-1:00 Lunch
 1:00-2:15 AOA Meeting—Election of Officers
 2:30-4:30 Professional Track (contd. Lambuth 100)
 2:45-4:15 Workshops (see Workshop Outline in packets)
 4:45-5:30 Networking Opportunities
 5:30-6:30 Dinner
 7:30-8:30 Concert - Ethan Uslan

Thursday, August 12

7:00 am Holy Communion (Chapel and Lambuth)
 7:30-8:30 Breakfast
 8:30-9:30 Gathering Music &
Platform Speaker- Rev. Gayle Felton
 9:45-10:45 Worship/Communion Stuart Auditorium
 11:00 Check-out time
 12:00 Lunch & Departure

Please visit the SEJ Older Adult website: www.Reneweddisciples.com